

# Nailing the One-on-One



**transformative  
conversations in  
movement**

# Asking | Moving | Building

- **Typically people try to change things through one of three ways.**
  - **You can ask decision-makers to make certain changes and hope that the accumulated leverage you have is enough**
  - **You can move as many people as possible at a protest and hope that is enough**
  - **Or you can focus a coordinated action at specific moments within social, economic, and political processes and hope that is enough**

# **Collective Action in Processes**

- **Collective action is most effective when it is aimed at interrupting specific social, economic, and political processes.**  
**Examples:**
  - **Strikes**
  - **Boycotts**
  - **Elections**
- **To have a powerful impact, however, you have to convince people who affect the outcome of the process in question.**
- **It depends on building consent and is inherently democratic.**

# One-on-Ones as Essential Building Block of Workers' Power

1. They demonstrate that you care about your coworkers as unique individuals with unique life experiences and concerns – **they a form of direct and personal communication.**
2. They are where issue identification happen and where discursive mapping happen – **they are a research mechanism.**
3. They cut through noise and narratives – **they're a political education mechanism.**
4. Provide deeper understanding and overview of support and opposition – **they're an unmediated feedback mechanism.**
5. They allow you to identify spheres of influences – **they're a mapping tool.**

# How to Structure a Campaign-Mode 1:1

Begin with **EMOTION** – part of the conversation where primary issues are identified and where the organizer agitates the interlocutor.

Then bridge to **HOPE** – part of the conversation where a credible plan is presented and collective action is made clear to be the only way to resolve issues.

End with **ACTION** – where the organizer provides a means for action and gives a clear role to play.



# Emotion: Establishing a Meaningful Introduction

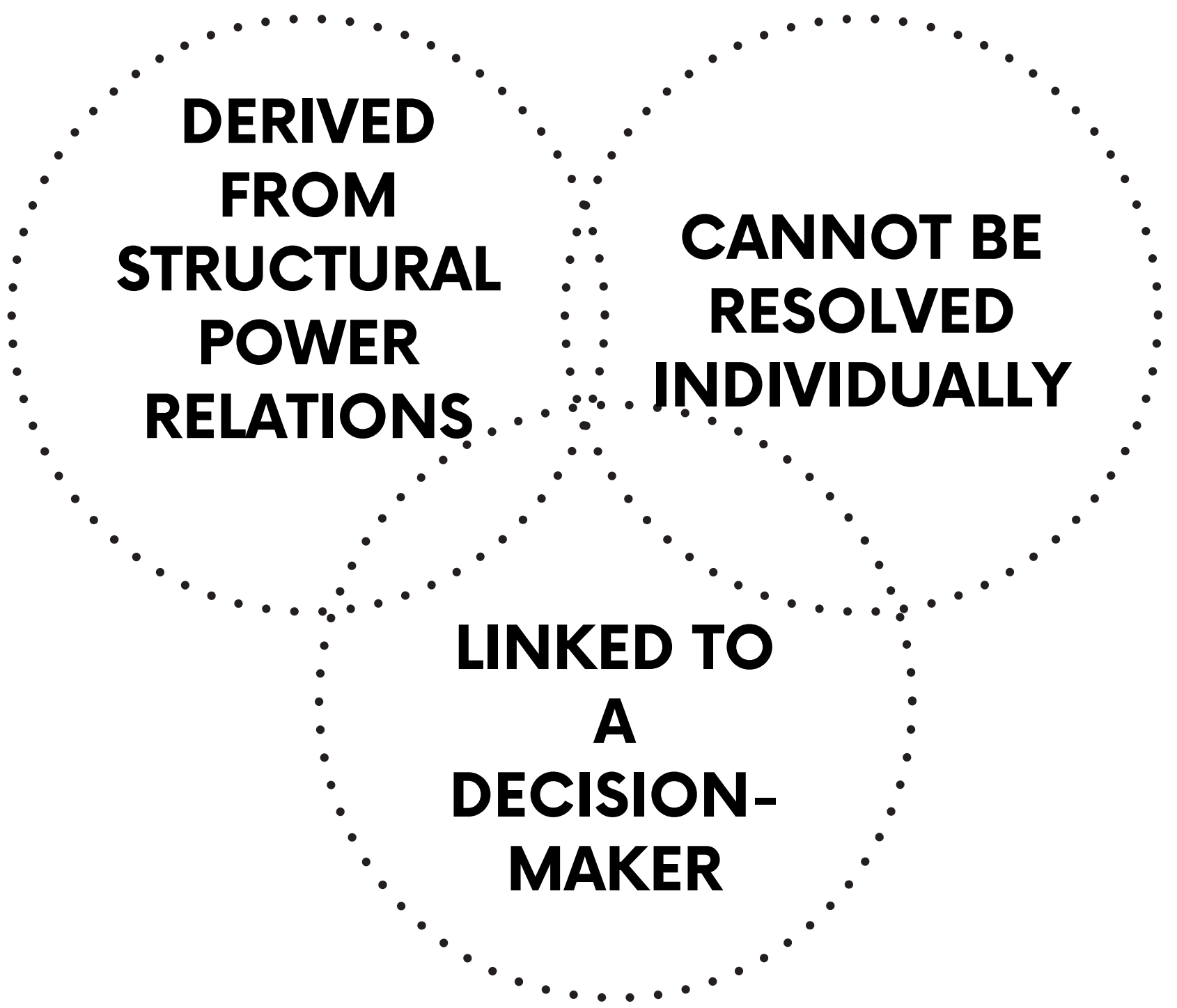
- Start enthusiastically
- Should make clear
  - **Who "we" are**
  - Why "we" want to **talk to everyone**
    - You are attempting to talk to \*all\* workers because they matter and workers are strongest together
  - Emphasize the **second person**
    - "I want to talk to YOU because YOU are critical to changing things YOU and YOUR coworkers need changed."



# Emotion: Identifying Issues

- Make concrete questions
  - "How do you feel about scheduling?"
  - "How do you feel about standby?"
- Connect issues to non-workplace problems
  - "Is scheduling affecting your home life?"
- Uncover individual powerlessness
  - "Have you tried talking to management about this?"
- Uncover relationships
  - "Have you talked to any coworkers about this?" "Have they done anything about this?"





**DERIVED  
FROM  
STRUCTURAL  
POWER  
RELATIONS**

**CANNOT BE  
RESOLVED  
INDIVIDUALLY**

**LINKED TO  
A  
DECISION-  
MAKER**

**WHAT'S AN ISSUE?**



# Emotion: Conversational Techniques

- **Mirroring**
  - Pick a few words that stand out and repeat them back:
    - "The boss didn't tell me." "The boss didn't tell you?!"
- **Silence**
  - A GOOD organizing conversations mean **listening, not telling**.
    - 70 percent listening/30 percent talking
- **"The Ask"**
  - After you've made clear the issues they are facing, ask them if they want to continue living with these issues or if they are ready to commit to changing these.



# Hope: Present the Plan

- **What are the concrete steps to victory?**
  - Present a credible, realistic, and clear plan of action that can transform their capacity to care for themselves as they'd like to.
- **What do they gain besides the end of the issue?**
  - The plan should make clear that it brings a resolution to the issue and how it will positively affect their life.
- **How does it set them up for future victories?**
  - What does this victory do in order to ensure still greater victories down the road?



# Action: Present a Meaningful Role

- **Have a concrete ask.**
  - How can they make a meaningful contribution to the plan?
- **Start high then move to where they are ready.**
  - Some people aren't ready to take big steps. If that's the case, invite them to a social event or plan a personal visit.
- **Inoculate**
  - Let them know the risks. Ask them how they think management might react and prepare them mentally for the risks.
- **Follow up**
  - After you give them a task, follow up via call.

